



Thrive  
More

# EMOTIONALLY INTELLIGENT LEADERSHIP

Introductory Half  
Day Course





## ABOUT OUR EMOTIONAL INTELLIGENCE COURSES

Our focus is creating exceptional results through people. Our Emotional Intelligence short courses help us achieve this by improving people's impact, influence, leadership and resilience through the development of core Emotional Intelligence skills.

In the modern workplace where change is constant, the benefits of Emotional Intelligence development occur within and outside of the workplace. When strong emotional intelligence is displayed relationships improve, stress is reduced, change occurs more efficiently and performance increases.

In the workplace, Emotional Intelligence is fundamental to strong self-awareness, empathy, leadership and resilience. People who work on developing their emotional intelligence feel better at work, facilitate a more productive work environment, and better lead and engage others.

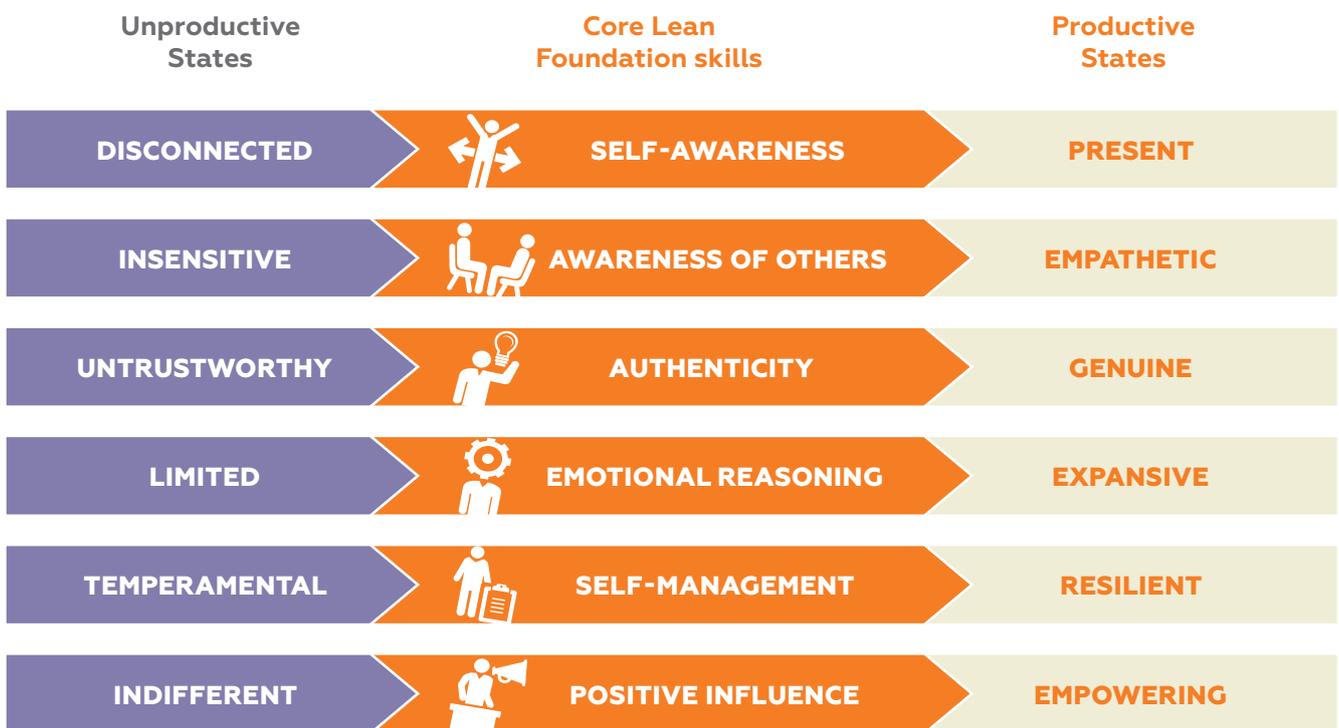
To facilitate the development of emotionally intelligent behaviour our short courses provide cutting-edge content, assessments, frameworks and tools which transfer into real, practical behavioural changes that create lasting results.





Powered by Genos International, the Emotional Intelligence short courses present a holistic approach to development by improving both the fundamental and functional skills for the modern workplace.

**THE EMOTIONAL INTELLIGENCE MODEL INVOLVES SIX CORE SKILLS OUTLINED BELOW:**



Our Emotional Intelligence short courses help participants explore and practice tools and techniques for applying emotional intelligence at work and outside of the workplace. Applying the theory, tools and techniques explored in these short courses will help people to improve their:

1. Emotional self-awareness
2. Awareness of others emotions and how to positively influence them
3. Capacity to effectively handle difficult conversations
4. Resilience
5. Capacity to help and support others in stressful situations.

Our Emotional Intelligence short courses are suitable as an introduction to emotional intelligence or as a component that can be built into a larger employee development course.

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Further information call 1800 333 270



# EMOTIONALLY INTELLIGENT LEADERSHIP

## Introductory Half Day Course

There is a direct link between the way people feel and their performance at work. In high performing organisations people feel significantly more engaged, cared for, valued, proud, and motivated than those in low performing organisations. Conversely, in low performing organisations people feel significantly more fearful, stressed, disempowered and uncertain.

Leadership is fundamentally about facilitating performance. Research has proven that a leader's emotional intelligence is key to their capacity to facilitate emotions in others that drive high performance and employee engagement. In this half day introductory course leaders learn about the science of emotions and emotional intelligence and explore practical tools and techniques for applying these learnings for their own personal development and in the leadership of others.

### WHO IS IT FOR?

For team members, supervisors, managers and leaders looking for an introduction to the science of emotions and emotional intelligence together with some practical tools and techniques on how to apply these learnings for their own development and in the leadership of others.

### LEARNING OUTCOMES

- Enhanced understanding of emotions and emotionally intelligent leadership behaviour
- Enhanced self-awareness and empathy
- Improved personal resilience
- Greater capacity to enhance the performance of others.

### FORMAT

- Genos EI Self-Assessment completed as prework
- Half day introductory course comprising a blend of different learning experiences to produce lasting results, these include:
  - Cutting edge research
  - Small and large group discussion
  - Expert facilitator lead discussions and demonstrations

**"In the short period since the Emotional Intelligence course, I have found myself in some challenging situations (that's normal for my role), yet I read the situation differently now. I have more awareness of how I'm feeling and how I'm presenting my emotions. I'm also more conscious of how others are presenting their emotions. Difficult interactions are less exhausting for me now that I can read the emotional language on display and I'm improving a little more with each encounter."**

Warwick Crawford, SA Water  
Customer Field Services Manager

### DELIVERY OPTIONS & PRICING

	OPEN	IN-HOUSE
Delivery Format	✓	✓
Price (including GST)	\$462 per person	\$4,180 (10 people), \$418 per additional person

Further information & bookings: Visit [thrivealliance.com.au/thrive-more](http://thrivealliance.com.au/thrive-more) or call 1800 333 270

Thrive More courses, tools and solutions positively impact your people's performance, creating exceptional results through people. As a suite of short courses, our half day, one day and two day Emotional Intelligence short courses assist leaders and managers to assess and improve core Emotional Intelligence skills which are fundamental to effective leadership.

The section below describes our assessments as they relate to one and two day Emotional Intelligence courses. In the case of the half day course participants are self-assessed only.

## Our Assessments

Powered by Genos Emotional Intelligence Inventory, our internationally recognised Emotional Intelligence Assessments have been designed specifically for workplace application by PHD-level psychometricians.

All assessments:

- Exceed all standards for psychometric reliability and validity,
- Are internationally recognised and supported by a wealth of peer-reviewed published research,
- Are accompanied by reports that present results in an accessible fashion with tailored development aids to facilitate development and growth.

A unique feature of the Emotionally Intelligent Leadership Feedback Reports is that it provides leaders with feedback from two sources: feedback about the quality of their leadership in comparison to others, as well as unique feedback on how important emotionally intelligent behaviour is to the people they lead.

The results are a reliable and valid measure of emotional intelligence from the most credible source available: those who see the leader in action every day.

Designed by Dr Gillies Gignac and Dr Ben Palmer, the reliability and validity of the EI Leadership Feedback Reports are supported by a wealth of peer-reviewed research publication and most importantly, it is used every day by SME's as well as some of the most recognisable fortune 500 companies.

## Development Focused

All Emotionally Intelligent Leadership Feedback Reports are accompanied with an EI Leadership Development Tips Workbook to guide leaders to quickly interpret and act on their results. It provides insights on how to leverage strengths and improve the behaviours assessed by the Leadership Feedback Report.

Raters can provide free text responses for each competency assessed. These are captured in the Feedback Report and help leaders understand the context behind responses to assessment questions.



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## CREATING EXCEPTIONAL RESULTS THROUGH PEOPLE



**Thrive More is a range of best-in-class courses, tools and solutions to positively impact people's performance.**

Part of Thrive Alliance – a unified group empowering the right decisions by connecting trusted brands and people - which incorporates Leadership Management Australia (LMA), Think Perform, Thrive More and Thrive Partners.

To find out more visit:  
[ThriveAlliance.com.au](http://ThriveAlliance.com.au)

